

# Case study

A multispecialty clinic system with dozens of locations in Texas utilized CareSelect® Lab to maximize lab utilization efficiency, resulting in significant cost savings.

## Goals

- Reduce redundant and inappropriate lab testing which results in high costs and denial rates
- Standardize and optimize provider ordering practices for certain lab tests across the enterprise

## Solution

- Identified test orders that did not meet clinical criteria
- Compared utilization trends among ordering clinician population
- Utilized analytics within CareSelect Lab to identify specific interventions, such as CareSelect alerts and EHR build changes

## Results



**Over \$121,000**

in estimated cost savings per month



**21% reduction**

in volume for all tests using CareSelect Lab



**49% reduction**

in volume of tests failing clinical guidelines



“CareSelect Lab has played a key role in our approach to lab stewardship. With targeted analytics, we’ve been able to identify the root causes of our inappropriate utilization and strategically intervene to optimize our ordering behavior. We appreciate the Optum team’s support and guidance in developing our go-forward strategy for success.”

– Surgeon and Medical Director

Results based on previous 12-month data.